How to talk to children about coronavirus



Let child take the lead



Be honest



Limit exposure to news stories



Find out what they know already



Let child talk or write down feelings



Tell them how to stay safe stay indoors, social distance, wash hands



Pick the right time - not when anxious or tired



Give extra hugs



Encourage questions



Look after YOURSELF

For more information visit: https://westmidlands-vru.org/projects/education-resources-covid-19/



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